

Offerings for February

Budget	6377.00
Received	1977.42
Rentals	4300.00
To Go:	99.58

Next Week's Offering: Volunteer Park Church Budget

(Please prayerfully consider giving to our Local Church Budget. We have repeatedly had a shortage for our monthly budget. The church's ministry depends on each member faithfully giving!)

To designate your offering for Tithe or Church Budget, or any other specific need at any time, please use a Tithe envelope located on the hymnal rack on the pew. All loose offering goes to the offering of the day.

Please place your offering in the box at each rear door of the Sanctuary.

PRAYER REQUESTS

Cancer: Patrick Dwyer (Young-Hee's husband), Stephen Bushley; Mickey Reddy (Pastor's brother-in-law); Francisca Conde; Kania Russell and Samantha Steenberg (Jeanette's nieces); Wilbur Howell

Health Issues: Bobara Tally; Eileen Neligan's sister Joyce; David Karpilow; Cindy; Rochelle Ybarra; Thelma McAdoo; Bob Milne Jones; Annie Hurd; Sara (Cindy's cousin)

Healing: Cindy; Becky & Stephanie; Sam Chetty; Isaac Ybarra

Work: Roger Ybarra; Cindy; Linda Renfroe; Richard Mills;

Grief: Mrs Marvin Creech (husband passed away)

Book:

Paul Wright

Today is the final day to order your personal copy of "Everlasting Gospel....Ever-Changing World." By Jon Paulien. This book written by an Adventist addresses reaching the Postmodern and secular people of today's society. The book is highly recommended and will provide great insight into the ministry to postmodern and secular people. If we wish to be successful, it is very helpful to know as much as we can about ourselves and the people we wish to serve.

He also is very clear that one of the best ministries available just happens to be Life Development out of Great Britain. That is the ministry that we are beginning to implement here at VPC based on the re:frame training seminar. **If you would like to purchase a copy, contact Paul today.**

List price is \$14.99. Not sure what the sale tax might be including shipping costs but would imagine it to be approx. \$17.00 plus tax. We will purchase only the number of books ordered.

CONCERT: Jamie Jorge, violinist
Auburn City Church, Saturday, March 7th at 5:00 pm

"Give thanks to the Lord, call on his name; make known among the nations what he has done, and proclaim that his name is exalted.

Sing to the Lord, for he has done glorious things; let this be known to all the world. Shout aloud and sing for joy, people of Zion for great is the Holy One of Israel among you."

Isaiah 12:4-6

Volunteer Park Community Focus

Weekly Newsletter of Volunteer Park Seventh-day Adventist Church
Vol II

Issue iv

February 28, 2009

Jeanette Mills, Editor

Remembering...

As a teenager, the first time I participated in communion in an Adventist church, I was told only that "we do foot washing as part of Communion" with no explanation of how it was done. I went to church "ready" wearing tiny foot socks and anxious about how this was going to happen. When they announced the "Ordinance of Humility" I slipped off the socks, ready to plunge ahead... not knowing that everyone went downstairs to the basement, men and ladies separated and the whole thing was done in segregated rooms, not the Sanctuary! If you're here today and have not experienced the foot-washing ceremony as practiced by the Adventist church, please relax and read on.

The "Ordinance of Humility" or foot-washing comes from the same last supper event as the Communion Service and is found in the Bible in John 13, verses 1-17. Specifically, Jesus in verse 5, "poured water into a basin and began to wash his disciples' feet. Drying them with the towel that was wrapped around him." And verses 14-17: Jesus, speaking to his disciples, said, "Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet. I have set you an example that you should do as I have done for you. I tell you the truth, no servant is greater than his master, nor is a messenger greater than the one who sent him. Now that you know these things, you will be blessed if you do them."

In the act of washing another person's feet we humble ourselves and set aside all stations of rank or importance. In God's eyes, we are all equal and in need of a Savior, Jesus Christ.

"The spiritual experience that lies at the heart of foot washing lifts it from being a common custom to being a sacred ordinance. It conveys a message of forgiveness, acceptance, assurance, and solidarity, primarily from Christ to the believer, but also between the believers themselves. This message is expressed in an atmosphere of humility." (Seventh-day Adventist Church Manual)

So... feel free to participate, observe or wait quietly in the Sanctuary. You are welcome either way. May God bless our Service today.

March Birthdays

02 David Karpilow
15 Ivy Ybarra
27 Judie Tyrrell
28 Jeanette Mills

March Anniversaries

12 Young-Hee & Patrick Dwyer
18 Robert & Linda Renfroe

If your important date is missing or if you do not want your date published, please let Jeanette Mills know by e-mailing her at millje@vparksda.com

TITHE RECEIPTS

2008 tithe and offering receipts are in the outer office and ready to be picked up. As in past years, please **only take your own** and keep it in a safe place for income tax purposes. If you know someone who has changed their address, let Sara know and **she** will mail it to them.

We ask that everyone **take your receipt** so the church doesn't have to store it!

Cypress Adventist School

Friends of Cypress . . . please join us on Sunday, March 1 at 9:00 a.m. in the school gymnasium for a Pancake Breakfast. The event is a kick off for our spring enrollment effort for the 2009-2010 school year. We are looking for friends in our churches and community who are willing to help promote our school by word of mouth. There will be media presentations and a brain storming session about how to best promote Cypress. Bring both a good appetite and your best ideas.

Malawi Project

Malawi is one of the poorest countries in Africa. One of our sister Adventist hospitals, Malamulo Hospital in Malawi was on the verge of closing down due to limited resources and finances when Loma Linda heard about their plight and decided to step in help. They have no established pharmacy, so the Student National Pharmacy Association at Loma Linda University is going to Malawi this summer to open up a pharmacy at Malamulo Hospital. We will also be doing clinical rotations at the hospital, and providing the surrounding rural villages with AIDS and healthcare education. In order to raise funds we are selling beautiful t-shirts with the African continent on it. The cost of the t-shirts is \$15. If you do not wish to purchase a t-shirt but would still like to contribute, a donation would also be appreciated. There is also the option of donating online at www.justafricancrafts.com under the link *mission projects*.

Thank you for your support.

Anastacia N. Chetty
*Loma Linda University
School of Pharmac*



Mark 14:22-26

FEBRUARY 2009

2/28 **Prayer Group 9:00 am**
Bible Study Groups 10:00 am
Worship Service 11:30 am
Communion
Potluck Lunch
8-Weeks to Wellness 3:00 in 117

MARCH 2009

3/03 Bible Study – 8pm at the church
3/04 Financial Peace Univ. 7pm in the Chapel
3/05 Book Club 8pm @ Victrola Coffee & Art
3/06 Vespers at the church
3/07 **Prayer Group 9:00 am**
Bible Study Groups 10:00 am
Worship Service 11:30 am
8-Weeks to Wellness 1:30 in the Chapel
Movie Night 7pm in the Chapel
3/09 Church Board Meeting 6:30 pm in room 110
3/10 Bible Study – 8pm at the church
3/11 Financial Peace Univ. 7pm in the Chapel
3/12 “Purls” knitting group 7pm at the church
3/13 Vespers at the church
3/14 **Prayer Group 9:00 am**
Bible Study Groups 10:00 am
Worship Service 11:30 am
8-Weeks to Wellness 1:30 in the Chapel
3/15 Worship Committee Mtg 6pm at the church
3/17 Bible Study – 8pm at the church
3/18 Financial Peace Univ. 7pm in the Chapel
3/19 Book Club 8pm @ Victrola Coffee & Art
3/20 Vespers at the church
3/21 **Prayer Group 9:00 am**
Bible Study Groups 10:00 am
Worship Service 11:30 am
8-Weeks to Wellness 1:30 in the Chapel
3/24 Bible Study – 8pm at the church
3/25 Financial Peace Univ. 7pm in the Chapel
3/26 “Purls” knitting group 7pm at the church
3/27 Vespers at the church
3/28 **Prayer Group 9:00 am**
Bible Study Groups 10:00 am
Worship Service 11:30 am
8-Weeks to Wellness 1:30 in the Chapel
6pm – Potluck Celebration of Sara & Wilbur Howell’s 70th anniversary (Rm 115)
3/31 Bible Study – 8pm at the church

Offering: The offering is no longer collected during the Worship Service. Please put your offering and tithe in an envelope marked accordingly, and place it in one of the offering boxes at each exit door to the Sanctuary. Stewardship is a heart matter. Please prayerfully consider your donations in support of the Lord’s mission.

Book Club

The Book Club meets on the 1st and 3rd Thursdays of the month at 8 pm at Victrola Coffee and Art at 411, 15th Ave. E. across from QFC.

The Girl with the Dragon Tattoo
by Steig Larsson
March 2009 Book

HAVE YOU REGISTERED YET ???

Go to www.seattlereframe.com

Do it today!!!
There are only 185 seats left
and it is opening to the public soon!

Vegfest Seattle - March 21,22 at Seattle Center Exhibition Hall. Volunteers are needed to “man” the conference ABC booth for 4 hour shifts on both days. Contact Pastor Sam ASAP to volunteer. All volunteers get in free.

Movie Night at VPC: Saturday, March 7 in the chapel